



Brigham & Women's Hospital  
Research Administrators'

# RETREAT

June 28, 2017



**BWH Research Administrators' Retreat Agenda**  
 June 28, 2017



|                |  |   |  |
|----------------|--|---|--|
| 8:30-9:00 am   | <b>Registration</b>  |   |  |
| 9:00-9:15 am   | <b>Welcome</b><br><i>Paul Anderson, MD, PhD</i><br><i>Rooms A/B</i>                        |   |  |
| 9:15-9:45 am   | <b>Reflections on the Future of Research</b><br><i>Betsy Nabel, MD</i><br><i>Rooms A/B</i> |   |  |
| 9:55-10:40 am  | <b>The New Performance Review: A Conversation with HR</b><br><i>Room A</i>                 | <b>Best Practices: Budget Forecasting</b><br><i>Room B</i>                            | <b>New Solutions for Trends in Non-Compliance</b><br><i>Room C</i> |
| 10:50-11:35 am | <b>Stress Management in a Hurry</b><br><i>Room A</i>                                       | <b>Local Efforts to Improve Efficiency: iSuggest Success Stories</b><br><i>Room C</i> |  |
| 11:35-12:20 pm | <b>Lunch</b>   |   |  |
| 12:20-1:00 pm  | <b>One Brave Idea</b><br><i>Calum MacRae, MD, PhD</i><br><i>Rooms A/B</i>                  |   |  |
| 1:10-1:55 pm   | <b>Career Development and Opportunities</b><br><i>Room A</i>                               | <b>Data Compliance</b><br><i>Room C</i>   |  |
| 2:05-2:50 pm   | <b>Leadership and Negotiation Techniques</b><br><i>Room B</i>                              | <b>International Issues</b><br><i>Room C</i>  |  |
| 3:00-3:45 pm   | <b>Compliance &amp; Ethics: Case Studies</b><br><i>Room A</i>                              | <b>Communicating Your Research</b><br><i>Room C</i>                                   |  |
| 3:45-4:15 pm   | <b>Wrap-Up and Raffle Prizes</b><br><i>Rooms A/B</i>                                       |   |  |

\*If you have any questions throughout the day, just ask one of our retreat planners! You can identify by them by the star on their name tag.\*

# Session Information



**9:55 - 10:40 AM**

## **New Solutions for Trends in Non-Compliance**

*Rosalyn Gray, Kathryn Holthaus, Daniel Jones, Christina Nascimento, Ryan Schlimgen*

Many heads are better than one! In this interactive, problem-solving session, leaders from IACUC, IRB, QI and PIBC will share trends in non-compliance observed by their respective committees and compliance oversight programs. Attendees will then work together in small groups to brainstorm new strategies for addressing these trends in their own departments and across BWH.

## **Best Practices: Budget Forecasting**

*Alexandria Gionfriddo, Dr. Adrian Ivinson, Linda Johnson, Jonathan Kutrubes, Josh Magee, John Montana, Andrew Plummer*

This session will discuss topics in budgeting and financial forecasting. Department and Research Management experts as well as a senior PI will address the complex challenges research administrators face in both the pre- and post-award world, accompanied by a look at how software tools such as Microstrategy and Insight 4.0 may be used to address these challenges.

## **The New Performance Review: A Conversation with HR**

*Sabrina Williams, Lianne Crossette, Yvette Drinkwater*

In this session, members of Human Resources will discuss the organizational/reporting structure, revised performance review forms, and provide a Question & Answer session with a panel of experts. The HR panel includes experts from Recruiting and HR Business Partner team. Additional HR staff will be available to answer questions: Bev Hope, Liz De Moura, Fiona Germain, Clara Serpa, Marian Cheevers, and Michael Mirabile.

**10:50 - 11:35 AM**

## **Stress Management in a Hurry**

*Rana Chudnofsky*

Want to reduce stress and improve quality of life, but feel too pressed for time to learn how? This session can get you started with several concepts and activities that may be used immediately to help build resiliency and bring calm to your life. Rana Chudnofsky, of MGH's Benson-Henry Institute for Mind Body Medicine, will teach self-care practices that help to buffer daily stress, making participants less emotionally and physically vulnerable to it. You will learn to focus your mind and gain awareness of how stress affects you personally, and you will identify adaptive strategies that can help you to respond most effectively to stressful situations. The session concludes with a calming meditative relaxation response elicitation exercise.



## **Local Efforts to Improve Efficiency: iSuggest Success Stories**

*Gary Smith*

iSuggest's goal is to reduce the administrative burden and improve organizational efficiency for the research enterprise at MGH, BWH, and Partners HealthCare. This session is designed to work in groups understand the purpose and learn how to submit effective iSuggest proposals.

**1:10 - 1:55 PM**

## **Career Development and Opportunities**

*Catherine Breen, Rob Kirsh, Jeff Seo, John Sites, Angela Vail*

This panel session seeks to explore the pathways and components of a successful and challenging career in Research Administration, particularly at the BWH and the Partners organization. The overall goal is to give all attendees an overview on what it will take to be successful in the future of research administration.

The panel is made up of five local and national experts who will discuss: central and department-based jobs; job definitions; trees and hierarchy; career progression and planning; competitive compensation; technology and systems trends and their impact on careers; and education, training, and certifications needed.

## **Data Compliance**

*Lisa Griffin, Fabio Martins, Christina Mazzone*

This session will explore pertinent issues regarding the lifecycle of research data management and compliance from collection and storage to sharing and destruction. Through case studies, participants will consider relevant institutional policies and practice, sponsor requirements, federal and state regulations, third party agreements, potential security risks and resources available to ensure data is protected. At the end of the session, attendees will gain an understanding of what the main concerns should be when it comes to research data and how to find institutional partners and resources to assist you.

**2:05 - 2:50 PM**

## **Leadership and Negotiation Techniques**

*Jessica Halem*

Jessica Halem, MBA is the LGBT Program Director for Harvard Medical School. During her session she will share some innovative leadership techniques that she has cultivated from her extensive training at The Second City by using humor and improv skills to facilitate dialogue on critical issues.

## **International Issues**

*Lisa Griffin, Noel Palatas, Meenu Tuteja, Bora Vezuli*

This session will cover a wide variety of topics on international travel and safety including business and personal travel, Partners travel policy vs. federal guidelines, key immigration issues, exports controls, and information security including traveling with electronic devices.

**3:00 - 3:45 PM**

**Compliance & Ethics: Case Studies**

*Allison Moriarty, Lisa Griffin*

Making a return from previous years, this case based discussion will be led by audience choices of different situations which may come up in our everyday work lives.

**Communicating your Research**

*Alexandra Gallant, Terry McGowan, Amanda Rayno, Maggie Stoughton*

Join us for a lively discussion about how to share Brigham research with the world. Learn about sharing stories with the BWH community and beyond, engaging with donors to increase funding, building a web presence or social media presence to attract funders and collaborators, interacting with the media and other ways to increase your group's visibility. Bring your questions about social media, marketing, funding and more.

## Keynote Speakers

### **Elizabeth G. Nabel, MD, President, Brigham Health**

Betsy Nabel has served as president of Harvard-affiliated Brigham Health--an academic health care system which includes Brigham and Women's Hospital, Brigham and Women's Faulkner Hospital, and the Brigham and Women's Physician Organization--since 2010. A cardiologist and distinguished biomedical researcher, Nabel is Professor of Medicine at Harvard Medical School.

Nabel brings a unique perspective to health care based on her experience as a physician, research scientist, academic medicine leader, and wellness advocate. At Brigham Health, Nabel is leading development of a new model of academic medicine devoted to maintaining and restoring health through leadership in scientific discovery, education, and compassionate care. Initiatives include a new translational research and clinical facility, leading-edge care redesign, and a \$1.5 billion campaign to advance life-giving breakthroughs.

Building on her lifelong commitment to improving health through science, in 2015 Nabel was appointed chief health and medical advisor to the National Football League. In this newly created advisory role, Nabel provides strategic input to the NFL's medical, health and scientific efforts; participates as an ex-officio member on each of the NFL's medical advisory committees; and identifies areas for the NFL to enhance player safety, care and treatment.

Nabel has a long record of advocacy for health and broadening access to care. As director of the National Heart, Lung, and Blood Institute from 2005-2009, Nabel leveraged the \$3 billion research portfolio to establish pioneering scientific programs in genomics, stem cells, and translational research. One of her signature advocacy efforts was the Red Dress Heart Truth campaign, which raises heart awareness in women through unprecedented industry partnerships.

An accomplished physician-scientist, Nabel's work on the molecular genetics of cardiovascular diseases has produced 17 patents and more than 250 scientific publications. Nabel's scientific contributions in cardiovascular gene transfer have developed molecular and cellular techniques, delineated that the pathophysiology of atherosclerosis and clarified the processes of cell division and growth of vascular smooth muscle cells in blood vessels. Her studies on Hutchinson-Gilford Progeria Syndrome have characterized the vascular smooth muscle cell defect leading to premature heart attack and stroke.

Nabel has been named one of the nation's top leaders in medicine by *Modern Healthcare* and *Becker's Hospital Review*, and one of Boston's 50 most powerful people by *Boston Magazine*. Her honors include the Distinguished Bostonian Award from the Greater Boston Chamber of Commerce, the Kober Medal from the Association of American Physicians, the Champion in Health Care award from the *Boston Business Journal*, the Willem Einthoven Award from Leiden University in the Netherlands, the Amgen-Scientific Achievement Award, two Distinguished Achievement Awards and the Eugene Braunwald Academic Mentorship Award from the American Heart Association, and six honorary doctorates.

Her colleagues have elected her to the American Academy of the Arts and Sciences, the National Academy of Medicine, the Association of American Physicians, the American Society of Clinical Investigation, and she is a Fellow of the American Association for the Advancement of Science. Nabel serves on the boards of Medtronic, Moderna Therapeutics, the Broad Institute, Ariadne Labs, the Boys & Girls Club of Boston, and the Medical Advisory Board of the Howard Hughes Medical Institute, and previously served on the editorial boards for the *New England Journal of Medicine*, *Science*, and *Science Translational Medicine* as well as editor-in-chief of *Scientific American Medicine*.

A native of St. Paul, Minnesota, Nabel attended Weill Cornell Medical College and completed her internal medicine and cardiology training at Brigham and Women's Hospital. She and her husband Gary, who is the chief scientific officer for Sanofi, have three children, all of whom are pursuing careers in medicine.

### **Calum MacRae, MD, PhD, Chief, BWH Cardiovascular Medicine**

Dr. Calum MacRae is the Chief of Cardiovascular Medicine at Brigham and Women's Hospital and Associate Professor of Medicine at Harvard Medical School. He is also an Associate Member at the Broad Institute and a Principal Faculty Member at the Harvard Stem Cell Institute. A cardiologist, geneticist and developmental biologist, he has trained in Edinburgh, London and Boston. He came to Harvard Medical School for a fellowship in cardiovascular genetics in 1991. He continued his research training at Massachusetts General Hospital in 1996 with focus on developmental biology. He returned to Brigham and Women's in 2009 and rose to chief of cardiovascular medicine in 2014.

His research interest is in understanding the fundamental mechanisms of disease using human studies and complementary efforts combining systems level modeling with empiric high-throughput biology in the zebrafish. His lab uses automated screens in fish to define the genetic architecture of disease and to explore gene-drug (or environment) interactions through the interrogation of large-scale chemical libraries. His clinical interests include genomic medicine, innovation in phenotyping and the redesign of clinical care. Under his leadership, the Brigham Cardiology team has successfully engaged in a number of innovative collaborations in cardiovascular care optimization with a wide range of industry partners.

In October 2016, Dr. MacRae became the recipient of One Brave Idea, a \$75 million 5-year research award to study coronary heart disease and its consequences. This unique team based program is funded by the American Heart Association, Verily and Astra Zeneca. His proposal was chosen amongst a group of 349 applicants from 22 countries who sought the project to identify an entirely new approach to eradicate the number one killer of Americans. His visionary approach holds promise for addressing a broad set of diseases.